



INNOVACARE
HEALTH

PROVIDER DIRECTORY



FLORIDA - DEC 2023

INNOVACAREHEALTH.COM

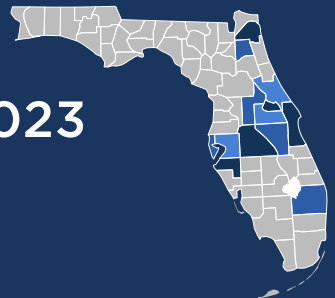


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Why InnovaCare Health?

Commitment to Trust

Like you, everything we do is about delivering on expectations and building confidence with those who trust us to deliver quality care. InnovaCare is on a journey to transform healthcare through trust-building innovation across the patient journey and with collaborators like you – our trusted brokers and agents. Our relationship thrives on a two-way street where trust is not just given but earned.

Real Promises, Real Results

When we promise to protect your book of business, we mean it. Your clients' health insurance concerns are exclusively in your hands. Our commitment to reducing patient turnover and ensuring seamless access to healthcare services is our unwavering focus.

Shared Success

In our relationship, expectations are clear. As we work together to serve our communities, sustainable lead generation is our mutual goal. Our success is intertwined with yours.

Authenticity and Reliability

At InnovaCare, care is in our name and trust is how we measure success. We believe in the art of earning trust through listening and then executing – that's the InnovaCare way. Together, we can continue to build a better healthcare future, starting with letting our actions speak louder than words.

Start the journey with us. Reach out to our team. Trust your clients with us. With your trust, we will shape the future of healthcare.

Get the Right Care at the Right Place

InnovaCare Health is proud to offer four urgent care centers in Florida. Our urgent care centers provide immediate, state-of-the-art care for all InnovaCare patients.



Urgent Care Centers

ERgent Care Family Care Partners

1215 Dunn Avenue, #1
Jacksonville, FL 32218

904.696.7474

Monday - Friday **8:00 a.m. - 8:00 p.m.**
Saturday - Sunday **10:00 a.m. - 6:00 p.m.**

Owl Now Urgent Care - Lakeland Trinity Medical Group

3240 South Florida Avenue, #101
Lakeland, FL 33803

863.644.7337

Every Day **9:00 a.m. - 9:00 p.m.**

Owl Now Urgent Care - Winter Haven Trinity Medical Group

550 Pope Avenue NW
Winter Haven, FL 33881

863.299.2630

Every Day **8:00 a.m. - 9:00 p.m.**

Urgent Care - Wellington Premier Family Health

1037 S State Road 7, Suite 113
Wellington, FL 33414

Urgent Care - Loxahatchee Groves Premier Family Health

15689 Southern Blvd, Unit 101
Loxahatchee Groves, FL 33470

561.798.3030

Monday - Friday **8:00 a.m. - 8:00 p.m.**
Saturday - Sunday **9:00 a.m. - 4:00 p.m.**



Hours of operation are subject to change.

Orlando Family Physicians

At a Glance



TRANSPORTATION



SAME-DAY ACCESS



CONTACT CENTER



CARDIOLOGY



GYNECOLOGY



NUTRITION



IN-HOUSE LABS



CHRONIC CARE MANAGEMENT



WELLNESS CENTER

Accepted Health Plans:

- Aetna
- Avmed
- CarePlus
- Cigna
- Devoted
- Florida Blue
- Florida Health Care Plans*
- Freedom
- Humana
- Molina
- Optimum
- Simply
- United Healthcare
- Wellcare

Accepting other health insurance, including Original Medicare, Commercial Exchange, Medicaid, and more. Accepted insurances may vary by location.

*Only available in Seminole and Volusia counties.



By INNOVACARE HEALTH

Orlando Family Physicians

ORANGE COUNTY

Alafaya Office

1834 North Alafaya Trail
Orlando, FL 32826

Phone: (407) 627-0062

Fax: (407) 674-7346



Jose Jimenez, MD
General Practice

Aetna: 4696864
AvMed: P2026219
CarePlus: 1184947
Cigna: QMP000004479129
Devoted: LX283K-AA
Florida Blue: MR9UE
Freedom: P1055140
Humana: 134557
Molina: QMP000005929701
Optimum: P987076
Simply: P01827203
United Healthcare: 1811908502
WellCare: 1523529



Domys Pena, APRN
Nurse Practitioner

Aetna: 8913970
Avmed: P1082449
CarePlus: 1186359
Cigna: Pending
Devoted: Pending
Florida Blue: 4VK5B
Freedom: P00021421
Humana: 134557
Molina: Pending
Optimum: P00019029
Simply: 07227121
United Healthcare: 1013485739
WellCare: 2072398



Diadira Salgado-Santiago, APRN
Nurse Practitioner

Aetna: 6496250
Avmed: P2009751
CarePlus: 1197474
Cigna: Pending
Devoted: Pending
Florida Blue: ZBIXC
Freedom: P00039225
Humana: 104865
Molina: QMP000006028255
Optimum: P00033075
Simply: 11572062
United Healthcare: 1568015071
WellCare: 2621007

Orlando Family Physicians

ORANGE COUNTY

Semoran Mega Center

1501 S Semoran Blvd
Orlando, FL 32807z

Phone: (407) 587-7552

Fax: (407) 757-0483

IMAGE
COMING SOON



Wilmer Columbie Sardinas, MD
General Practice

Aetna: 6099642
Avmed: P1040404
CarePlus: 1186377
Cigna: 1699205310
Devoted: LXRYCZ-AE
Florida Blue: 2UOGB
Freedom: P00001184
Humana: 134560
Molina: QMP000005929275
Optimum: P00017554
Simply: 5545816
United Healthcare: 1699205310
WellCare: 1541482



Katuska Borges Alfonso, MD
General Practice

Aetna: Pending
AvMed: P2037900
CarePlus: 1242773
Cigna: QMP000006045795
Devoted: LXRYCZ-AG
Florida Blue: 2LBXL
Freedom: Pending
Humana: Pending
Molina: Pending
Optimum: Pending
Simply: Pending
United Healthcare: Pending
WellCare: Pending



Eduardo de Leon, MD
General Practice

Aetna: Pending
AvMed: Pending
CarePlus: Pending
Cigna: Pending
Devoted: LXRYCZ-AH
Florida Blue: 0HUB9
Freedom: Pending
Humana: Pending
Molina: Pending
Optimum: Pending
Simply: Pending
United Healthcare: Pending
WellCare: Pending

Orlando Family Physicians

ORANGE COUNTY

Goldenrod Office

900 S Goldenrod Rd., Suite B
Orlando, FL 32822

Phone: (407) 362-0148

Fax: (407) 271- 8436



Jose Sosa Palacios, MD
General Practice

Aetna 5543810
AvMed: P1035723
CarePlus: 1186344
Cigna: 4481076
Devoted: LX283E-AA
Florida Blue: R8KVH
Freedom: P1059583
Humana: 134561
Molina: QMP000005926638
Optimum: P00001768
Simply: P01825715
United Healthcare: 1659500304
WellCare: 1428590



Jose Torres, MD
Family Practice

Aetna: 6911379
AvMed: P2023279
CarePlus: 1198462
Cigna: QMP000005717173
Devoted: LX283E-AC
Florida Blue: OG8DZ
Freedom: Pending
Humana: 134561
Molina: Pending
Optimum: Pending
Simply: Pending
United Healthcare: 1164038162
WellCare: 3279494



Ernesto Cereijo Barreda, APRN
Nurse Practitioner

Aetna: 8520034
Avmed: Pending
CarePlus: 1186355
Cigna: Pending
Devoted: Pending
Florida Blue: XP59M
Freedom: P00045518
Humana: 134561
Molina: Pending
Optimum: P00038365
Simply: 6772863
United Healthcare: 1124597463
WellCare: 1814588



Orlando Family Physicians

ORANGE COUNTY

Nowell West Office
810 North Nowell St.
Orlando, FL 32808

Phone: (407) 290-9556
Fax: (407) 290-9509



Leslie Garcia, MD
General Practice

Aetna: 4683146
AvMed: P1033851
CarePlus: 1186349
Cigna: 4478957
Devoted: LX285G-AD
Florida Blue: G2FQ3
Freedom: P1040580
Humana: 134559
Molina: Pending
Optimum: P975215
Simply: 6029252
United Healthcare: 1578773271
WellCare: 1251379



Osmany Rodriguez, MD
General Practice

Aetna: Pending
Avmed: Pending
CarePlus: Pending
Cigna: Pending
Devoted: LX283C-AH
Florida Blue: Pending
Freedom: Pending
Humana: Pending
Molina: Pending
Optimum: Pending
Simply: Pending
United Healthcare: Pending
WellCare: Pending



Jazmine Moran, APRN
Nurse Practitioner

Aetna: 6435540
Avmed: Pending
CarePlus: 1186368
Cigna: 5257974
Devoted: Pending
Florida Blue: 6RLNP
Freedom: P00033235
Humana: 134557
Molina: Pending
Optimum: P00028252
Simply: 9791174
United Healthcare: 1396201018
WellCare: 2384622

Orlando Family Physicians

ORANGE COUNTY

West Colonial 2 Office

6336 W. Colonial Dr.
Orlando, FL 32818

Phone: (407) 259-2383

Fax: (407) 630-6884



Anabel Reyes Guerra, MD
General Practice

Aetna: Pending
Avmed: Pending
CarePlus: Pending
Cigna: Pending
Devoted: LX3H4H-AA
Florida Blue: Pending
Freedom: Pending
Humana: Pending
Molina: Pending
Optimum: Pending
Simply: Pending
United Healthcare: Pending
WellCare: Pending



Benjy Jose, APRN
Nurse Practitioner

Aetna: 8754071
AvMed: P2026219
CarePlus: 1227569
Cigna: Pending
Devoted: Pending
Florida Blue: 62930
Freedom: P00056792
Humana: Pending
Molina: Pending
Optimum: P00047992
Simply: 16692052
United Healthcare: 1083225676
WellCare: 3279468

Orlando Family Physicians

ORANGE COUNTY

Semoran Office

1130 S. Semoran Blvd. Suite B
Orlando, FL 32807

Phone: (407) 382-1376

Fax: (321) 235-3232



Veronica Rivera Cruz, MD
General Practice

Aetna: 6032585
AvMed: 426110
CarePlus: 1152191
Cigna: QMP000004608997
Devoted: LX3SG6-AF
Florida Blue: 1KKMT
Freedom: P00021457
Humana: 134662
Molina: QMP000005418589
Optimum: P00019833
Simply: 07759070
United Healthcare: 1558502955
WellCare: 2036511



Marcos Antonio Rivera-Roman, MD
General Practice

Aetna: 1043956741
AvMed: P2027368
CarePlus: 1232911
Cigna: QMP000005686018
Devoted: LX36AZ-AG
Florida Blue: RZ2AI
Freedom: P00056383
Humana: Pending
Molina: Pending
Optimum: P00048681
Simply: Pending
United Healthcare: Pending
Wellcare: 3525447

Orlando Family Physicians

SEMINOLE COUNTY

Altamonte Mega Center
851 Douglas Ave.
Altamonte Springs, FL 32714

Phone: (407) 332-0003
Fax: (321) 295-7928



Jose G. Maza, MD
General Practice

Aetna: 4952418
AvMed: P1032383
CarePlus: 1149623
Cigna: 4479163
Devoted: LX285G-AB
Florida Blue: 14Z4N
Freedom: P1022986
Humana: 134559
Molina: Pending
Optimum: P961243
Simply: P01779036
United Healthcare: 1467885640
WellCare: 1070459



Jeann Maldonado, MD
Internal Medicine

Aetna: 1194184937
Avmed P2027371
Careplus: 1233356
Cigna: QMP000005716069
Devoted: LX2AZY-AG
Florida Blue: IE6OL
Freedom: P00056379
Humana: 124660
Molina: Pending
Optimum: P00049004
Simply: 16539587
United Healthcare: 1194184937
WellCare: 3629675



Gilberto Serrano, MD
General Practice

Aetna: 6163877
AvMed: P2018186
CarePlus: 1186344
Cigna: QMP000005114963
Devoted: LX285G-AI
Florida Blue: XWNBP
Freedom: P00044771A
Humana: Pending
Molina: Pending
Optimum: P00038186A
Simply: Pending
United Healthcare: 1043894421
WellCare: 2984491



Cynthia Ruiz Cortes, MD
General Practice

Aetna: Pending
Avmed: Pending
CarePlus: 1241004
Cigna: Pending
Devoted: LX285G-AM
Florida Blue: LD4HV
Freedom: P00060547
Humana: Pending
Molina: Pending
Optimum: P00060547
Simply: Pending
United Healthcare: 1245264027
WellCare: 3652804



Georgette Khoury, APRN
Nurse Practitioner

Aetna: Pending
Avmed P2027371
CarePlus: 1131483
Florida Blue: 7M5XT
Freedom: P1038877
Humana: Pending
Molina: Pending
Optimum: P974762
Simply: 16493606
United Healthcare: 1235503624
Wellcare: 3456328

Orlando Family Physicians

OSCEOLA COUNTY

Buenaventura Office
790 Buenaventura Blvd.
Kissimmee, FL 34743

Phone: (407) 344-9959
Fax: (407) 344-9971



Soila Guerrero Santana, MD
General Practice

Aetna: 6098405
AvMed: P1042269
CarePlus: 1186372
Cigna: 4478990
Devoted: LX89R4-AE
Florida Blue: D602P
Freedom: P00019810
Humana: 134564
Molina: Pending
Optimum: P00017429
Simply: 05530142
United Healthcare: 1104861269
WellCare: 1573909



Jose Luis Vargas Massari, MD
General Practice

Aetna: 6911379
AvMed: P2015562
CarePlus: 1204779
Cigna: QMP000005146230
Devoted LX89R4-AH
Florida Blue: UVTD9
Freedom: P00049354
Humana: 134564
Molina: Pending
Optimum: P00041879
Simply: Pending
United Healthcare: 1306409784
WellCare: 2783679



Jose Comas, APRN
Nurse Practitioner

Aetna: 4025583
AvMed: P1075675
CarePlus: 1186276
Cigna: Pending
Devoted: Pending
Florida Blue: AE5SZ
Freedom: P00020665
Humana: 134564
Molina: Pending
Optimum: P00018100
Simply: 7220179
United Healthcare: 1396229100
WellCare: 1933810



Vanessa Franklin, APRN
Nurse Practitioner

Aetna: 6113423
AvMed: P4000657
CarePlus: 1212827
Cigna: Pending
Devoted: Pending
Florida Blue: KZ1TX
Freedom: P00040942
Humana: 134564
Molina: Pending
Optimum: P00039132
Simply: 16083822
United Healthcare: 1720558364
WellCare: 3045785



Jomary Torres Mercado, MD
General Practice

Aetna: 8889691
AvMed: LX285GAJ
CarePlus: 1219417
Cigna: QMP000005342753
Devoted: LX285G-AJ
Florida Blue: WN8EL
Freedom: P00047158
Humana: 134559
Molina: Pending
Optimum: P00042549
Simply: Pending
United Healthcare: Pending
WellCare: 3270629



Alejandro Molina, APRN
Nurse Practitioner

Aetna: 1275002883
AvMed: Pending
CarePlus: 1232195
Cigna: Pending
Devoted: Pending
Florida Blue: 4Q3K7
Freedom: P0005657
Humana: Pending
Molina: Pending
Optimum: P00048538
Simply: Pending
United Healthcare: 1275002883
Wellcare: 3717526

Orlando Family Physicians

OSCEOLA COUNTY

Poinciana Office

920 Cypress Parkway
Kissimmee, FL 34759

Phone: (407) 315-9460

Fax: (407) 846-0047



Luis A. Rivera, MD

General Practice

Aetna: 8482991

AvMed: P2023267

Careplus: 1224728

Cigna: QMP000005447759

Devoted: LX236C-AE

Florida Blue: UHOY5

Freedom: P00051442

Humana: 134662

Molina: Pending

Optimum: P00043343

Simply: Pending

United Healthcare: 1679221287

WellCare: 3279483



Kriselle Torres, MD
General Practice

Aetna: 4154167
Avmed: P1031886
CarePlus: 1186348
Cigna: 4490416
Devoted: LXKC39-AC
Florida Blue: 1FENL
Freedom: P1025233
Humana: 134565
Molina: QMP000005925556
Optimum: P963268
Simply: Pending
United Healthcare: 1740428424
WellCare: 1159518



Jorge Sara Ochoa, MD
General Practice

Aetna: Pending
AvMed: Pending
CarePlus: Pending
Cigna: Pending
Devoted: LXKC39-AJ
Florida Blue: Pending
Freedom: Pending
Humana: Pending
Molina: Pending
Optimum: Pending
Simply: Pending
United Healthcare: Pending
Wellcare: Pending



David Riascos, MD
General Practice

Aetna: Pending
AvMed: Pending
CarePlus: 1243653
Cigna: QMP000006068801
Devoted: LXKC39-AI
Florida Blue: 5VM70
Freedom: Pending
Humana: Pending
Molina: Pending
Optimum: Pending
Simply: Pending
United Healthcare: Pending
Wellcare: Pending

Orlando Family Physicians

OSCEOLA COUNTY

John Young Parkway Office
920 North John Young Parkway
Kissimmee, FL 34741

Phone: (407) 956-1920
Fax: (407) 483-5844



Antonio Sanchez Gonzalez, APRN
Nurse Practitioner

Aetna: 6147668
Avmed: P2016097
CarePlus: 1197864
Cigna: Pending
Devoted: Pending
Florida Blue: UPO15
Freedom: Pending
Humana: Pending
Molina: Pending
Optimum: Pending
Simply: 16011182
United Healthcare: 1720685514
Wellcare: 3458480



Charleen Torres Lopez, MD
General Practice

Aetna: 1396298709
Avmed: Pending
CarePlus: 1228641
Cigna: QMP000005557447
Devoted: LXKC39-AG
Florida Blue: XNNNV
Freedom: P00053348
Humana: 134565
Molina: Pending
Optimum: P00050748
Simply: Pending
United Healthcare: 1396298709
Wellcare: 3419266



Odalys Carrion Roman, MD
General Practice

Aetna: 6195622
AvMed: P1077249
CarePlus: 1204286
Cigna: 4490416
Devoted: LX2839-AD
Florida Blue: 6ENQ4
Freedom: P00014033
Humana: 134565
Molina: Pending
Optimum: P00012614
Simply: Pending
United Healthcare: 1316294259
WellCare: 2479045



Orlando Family Physicians

OSCEOLA COUNTY

St. Cloud Office

1931 South Narcoossee Rd.
Saint Cloud, FL 34771

Phone: (407) 986-9642

Fax: (407) 593-6102



Glenda Nieves Perez, MD
General Practice

Aetna: 4844938
Avmed: P1030112
CarePlus: 1186267
Cigna: QMP000005270507
Devoted: LXS543-AA
Florida Blue: 2U570
Freedom: P1039454
Humana: 134566
Molina: QMP000005928334
Optimum: P974328
Simply: P01804906
United Healthcare: 1538355060
WellCare: 1236648



Luis A. Vargas Massari, MD
General Practice

Aetna: Pending
AvMed: P2018187
CarePlus: 1221715
Cigna: QMP000005270507
Devoted: LX5543-AC
Florida Blue: C125P
Freedom: P00049354
Humana: Pending
Molina: Pending
Optimum: P00041879
Simply: Pending
United Healthcare: 1083070627
WellCare: 3279496



Alexis Gonzalez-Valles, MD
General Practice

Aetna: 6613180
Avmed: P1083881
CarePlus: 1196237
Cigna: QMP000004773980
Devoted: LXS543-AD
Florida Blue: OTH6F
Freedom: P00027281
Humana: 134663
Molina: QMB00000556400
Optimum: P00023661
Simply: 15946930
United Healthcare: 1407409386
WellCare: 2238073

Orlando Family Physicians

OSCEOLA COUNTY

Pleasant Hill Office
1502 Village Oak Ln.
Kissimmee, FL 34746

Phone: (407) 520-3588
Fax: (407) 978-6757



Iris Wilson Polanco, MD
General Practice

Aetna: 6940449
Avmed: Pending
CarePlus: 1217568
Cigna: QMP000005385030
Devoted: LX2AH3-AB
Florida Blue: BE518
Freedom: Pending
Humana: 134663
Molina: Pending
Optimum: Pending
Simply: 1366050361
United Healthcare: 1366050361
WellCare: 2789649



Lester Guerra, APRN
Nurse Practitioner

Aetna: 6472300
Avmed: Pending
CarePlus: 1186275
Cigna: Pending
Devoted: Pending
Florida Blue: RNQX7
Freedom: P00017423
Humana: 134663
Molina: Pending
Optimum: P00015465
Simply: 5779227
United Healthcare: 1982070710
WellCare: 1879666



Gabriel Martinez, APRN
Nurse Practitioner

Aetna: 6256689
Avmed: P2016117
CarePlus: 1193631
Cigna: Pending
Devoted: 1992352710
Florida Blue: P3CDV
Freedom: P0056174
Humana: 134663
Molina: Pending
Optimum: P0048335
Simply: 16093507
United Healthcare: 1992352710
WellCare: 3504720



Jorge Justicia, MD
General Practice

Aetna: Pending
Avmed: Pending
CarePlus: Pending
Cigna: Pending
Devoted: Pending
Florida Blue: Pending
Freedom: Pending
Humana: Pending
Molina: Pending
Optimum: Pending
Simply: Pending
United Healthcare: Pending
Wellcare: Pending

Orlando Family Physicians

VOLUSIA COUNTY

DeBary Office

21 S. Charles Richard Beall Blvd.
DeBary, FL 32713

Phone: (386) 516-0930

Fax: (386) 668-6897



Sara Colon, MD

ABIM Board Certified Internal Medicine

Aetna: 4830257
Avmed: P202373
CarePlus: 1174143
Cigna: Pending
Devoted: LXEHRE-AH
Florida Blue: B9JZZ
FHCP: Pending
Freedom: P00051819
Humana: 134555
Molina: Pending
Optimum: P00043915
Simply: 16426880
United Healthcare: 1871836643
WellCare: 3279457



Vanessa Davis, APRN

Nurse Practitioner

Aetna: 8540178
Avmed: P2018202
CarePlus: 1166296
Cigna: Pending
Devoted: Pending
Florida Blue: DHQBY
FHCP: 1699296467
Freedom: P00049098
Humana: Pending
Molina: Pending
Optimum: P00043918
Simply: Pending
United Healthcare: Pending
WellCare: 3279460



Diana Ortiz, APRN

Nurse Practitioner

Aetna: Pending
Avmed: P2027362
CarePlus: 1230424
Cigna: Pending
Devoted: Pending
Florida Blue: SG5ZV
FHCP: 128199
Freedom: P00055866
Humana: Pending
Molina: Pending
Optimum: P00048666
Simply: Pending
United Healthcare: 1881302347
Wellcare: 495909

Orlando Family Physicians

VOLUSIA COUNTY

Deltona Office

605 Courtland Blvd.
Deltona, FL 32738

Phone: (386) 320-9990

Fax: (407) 732-6288



Gabriel Ortiz Rivera, MD
General Practice

Aetna: 8890642

Avmed: Pending

CarePlus: 1231743

Cigna: QMP000005676792

Devoted: LX36JC-AA

Florida Blue: 8AE3B

FHCP: 126043

Freedom: P00056102

Humana: 104865

Molina: Pending

Optimum: P00048106

Simply: 16093507

United Healthcare: 1932728557

WellCare: 3279481

Trinity Medical Group

At a Glance



TRANSPORTATION



URGENT CARE



IN-HOUSE LABS



NUTRITION



SOCIAL WORKERS



HOME VISITS



WELLNESS CENTER



CHRONIC CARE MANAGEMENT



CHIROPRACTOR



CONTACT CENTER

Accepted Health Plans:

- Aetna
- CarePlus
- Cigna
- Devoted
- Florida Blue
- Freedom
- Humana
- Optimum
- Simply
- United Healthcare
- Wellcare

Accepting other health insurance, including Original Medicare, Commercial Exchange, Medicaid, and more. Accepted insurances may vary by location.



By INNOVACARE HEALTH

Trinity Medical Group

POLK COUNTY

Lakeland Office

3240 S. Florida Ave., Suite 105
Lakeland, FL 33803

Phone: (863) 646-4000

Fax: (863) 646-5189



Karah Parker, DO
Family Medicine

Aetna: 8669420
CarePlus: 1223116
Cigna: Pending
Devoted: LX23RS-AB
Florida Blue: URFHH
Freedom: P00050370
Humana: 123279
Optimum: P00043206
Simply: 15089115
United Healthcare: 1346801545
WellCare: 3392055



Dane Parker, DC, APRN-C
Chiropractic & Nurse Practitioner

Aetna: 8778475
CarePlus: 1017974
Cigna: Pending
Devoted: 1730186800
Florida Blue: 22059
Freedom: P00044768
Humana: 123279
Optimum: P00038355
Simply: 15778349
United Healthcare: 1730186800
WellCare: 3371656



Adam Parker, DO
Osteopathic Medicine

Aetna: 9691207
CarePlus: 1068725
Cigna: QMP000004604304
Devoted: LX23RS-AB
Florida Blue: 94053
Freedom: P1006120
Humana: 123279
Optimum: P946052
Simply: 10842272
United Healthcare: 1376660712
WellCare: 2299419



Aliana Bormann, APRN
Nurse Practitioner

Aetna: 8130478
CarePlus: 1223189
Cigna: Pending
Devoted: 1467191478
Florida Blue: XL9QP
Freedom: P00048036
Humana: Pending
Optimum: P00043421
Simply: 14638062
United Healthcare: 1467191478
WellCare: 3377819



Iris Holback, APRN
Nurse Practitioner

Aetna: 8608642
CarePlus: 1198240
Cigna: Pending
Devoted: 1992392492
Florida Blue: 2N8YF
Freedom: P00033267
Humana: 123279
Optimum: P00028475
Simply: 14638062
United Healthcare: 1992392492
WellCare: 3389534



Sandra Holseth, DO
Osteopathic Medicine

Aetna: 6202254
CarePlus: 1217265
Cigna: Pending
Devoted: LX23RS-AD
Florida Blue: S2EQL
Freedom: P00048035
Humana: 1043601842
Optimum: P00040405
Simply: 10842272
United Healthcare: 1043601842
WellCare: 3177390

Trinity Medical Group

POLK COUNTY

Lakeland Office

3240 S. Florida Ave., Suite 105
Lakeland, FL 33803

Phone: (863) 646-4000

Fax: (863) 646-5189



Adilene Alvarado, APRN
Nurse Practitioner

Aetna: Pending

CarePlus: 1223501

Cigna: Pending

Devoted: Pending

Florida Blue: 0C4DK

Freedom: P00051651

Humana: Pending

Optimum: P00043442

Simply: 14734709

United Healthcare: 1205567891

WellCare: 3366393

Trinity Medical Group

POLK COUNTY

North Lakeland Office

3035 Lakeland Hills Blvd., Suite 4
Lakeland, FL 38805

Phone: (863) 354-3050

Fax: (863) 337-4945



Marisol Caraballo, APRN
Nurse Practitioner



Roger Harcourt, MD
Internal Medicine



Massiel Dos Santos, PA
Physician Assistant

Aetna: 4692169
CarePlus: 11119661
Cigna: Pending
Devoted: 1851500553
Florida Blue: YOP18
Freedom: P1020905
Humana: 124250
Optimum: P959372
Simply: 12226068
United Healthcare: 1851700553
WellCare: 2767481

Aetna: 5751022
CarePlus: 1143010
Cigna: Pending
Devoted: LX2GSY-AB
Florida Blue: 10962
Freedom: P306536
Humana: 1831300532
Optimum: P00076530
Simply: 1102613144
United Healthcare: 1831300532
WellCare: 3177428

Aetna: Pending
CarePlus: Pending
Cigna: Pending
Devoted: Pending
Florida Blue: Pending
Freedom: Pending
Humana: Pending
Optimum: Pending
Simply: 19539872
United Healthcare: 1508485806
WellCare: 3683670



Trinity Medical Group

POLK COUNTY

Winter Haven Office

550 Pope Avenue NW, Suite
300 Winter Haven, FL 33881

Phone: (863) 299-2636

Fax: (863) 662-5288



Luis Rodriguez Colon, MD
General Practice

Aetna: 6509326
CarePlus: 1174085
Cigna: Pending
Devoted: LX23RU-AB
Florida Blue: WAYV5
Freedom: P00020742
Humana: 124250
Optimum: P00018538
Simply: 10842287
United Healthcare: 1730417312
WellCare: 3640483



Sandy Weir, APRN
Nurse Practitioner

Aetna: 8751687
CarePlus: 1140689
Cigna: Pending
Devoted: 1821549007
Florida Blue: MM140
Freedom: P00115277
Humana: 124250
Optimum: P00077935
Simply: 15800095
United Healthcare: Pending
Wellcare: Pending



Robert Williams, APRN
Nurse Practitioner

Aetna: 8566635
CarePlus: 1140687
Cigna: Pending
Devoted: 1538610001
Florida Blue: 8A8KF
Freedom: P1052103
Humana: 124250
Optimum: P00076256
Simply: 15778411
United Healthcare: 1538610001
WellCare: 3633854



Darrell Braham, DO
Osteopathic Medicine

Aetna: 6000154
CarePlus: 1145755
Cigna: Pending
Devoted: LX23RS-AC
Florida Blue: 563YB
Freedom: P1057186
Humana: 123279
Optimum: P988447
Simply: 10842276
United Healthcare: 1215324470
WellCare: 3230818



Open 7 days a week, including holidays.

Hours of Operation:
8:00 a.m. - 9:00 p.m.

Phone:
(863) 299-2630

Your Clients Get the VIP Treatment

We're happy to offer
your clients a

VIP *Tour*

Contact the field sales team in
your area to schedule your clients.

Family First Medical Center

At a Glance



SAME-DAY ACCESS



CHRONIC CARE MANAGEMENT



IN-HOUSE LABS



PRIMARY CARE



PHYSICAL EXAMS



DIAGNOSTIC TESTING



IMMUNIZATIONS/VACCINES

Accepted Health Plans:

- Aetna
- CarePlus
- Cigna
- Devoted
- Florida Blue
- Freedom
- Humana
- Optimum
- United Healthcare

Accepting other health insurance, including Original Medicare, Commercial Exchange, Medicaid, and more. Accepted insurances may vary by location.



INNOVACARE
FAMILY FIRST MEDICAL CENTER

Family First Medical Center

POLK COUNTY

33044 US-27
Haines City, FL 33844

Phone: (863) 422-4977



Wael Jamaledine, MD
Primary Care

Aetna: 5741048
CarePlus: 1103270
Cigna: QMP000004584975
Devoted: LX5CEW-AA
Florida Blue: 18170
Freedom: P994305
Humana: Pending
Optimum: P1022606
United Healthcare: 1972647311



Jorge Lacen, MD
Primary Care

Aetna: 6105037
CarePlus: 1154581
Cigna: QMP000005717113
Devoted: LX332K-AB
Florida Blue: E541Q
Freedom: P00054038
Humana: Pending
Optimum: P00045682
United Healthcare: 1023422425



Loubna Ouaffai, APRN
Nurse Practitioner

Aetna: 6751451
CarePlus: 1163858
Cigna: Pending
Devoted: 17306097022
Florida Blue: K1VOP
Freedom: P00013586
Humana: Pending
Optimum: P00007317
United Healthcare: 1730609702

Lama Medical Center

At a Glance



WELLNESS CENTER



CHRONIC CARE MANAGEMENT



IN-HOUSE LABS



PRIMARY CARE



PREVENTATIVE CARE

Accepted Health Plans:

- Aetna
- Allwell
- CarePlus
- Cigna
- Devoted
- Florida Blue
- Freedom
- Humana
- Optimum
- Simply
- United Healthcare
- Wellcare

Accepting other health insurance, including Original Medicare, Commercial Exchange, Medicaid, and more. Accepted insurances may vary by location.



INNOVACARE
LAMA MEDICAL CENTER

Lama Medical Center

POLK COUNTY

105 S Dixie Drive
Haines City, FL 33844

Phone: (863) 421-1190



Jacobo Lama, MD
Primary Care

Aetna: 5590447
Allwell: 2408110
CarePlus: P007601
Cigna: QMP000005370982
Devoted: LX2EYE-AA
Florida Blue: 23497A
Freedom: Pending
Humana: 128874
Optimum: Pending
Simply: 11001403
United Healthcare: 1285716456
WellCare: 2408110



William Jimenez, MD
Primary Care

Aetna: 6863984
Allwell: 2425330
CarePlus: 1189819
Cigna: QMP000005492019
Devoted: LX2A4A-AA
Florida Blue: 2FTD7
Freedom: P0003335
Humana: Pending
Optimum: P00028309
Simply: 10901091
United Healthcare: 1659781912
WellCare: 2425330



Johana Santiago Torres, MD
Primary Care

Aetna: 8991049
Allwell: Pending
CarePlus: 1226161
Cigna: QMP000005658696
Devoted: LX2EYE-AC
Florida Blue: OG708
Freedom: P00051424
Humana: 128874
Optimum: P00043265
Simply: Pending
United Healthcare: 1639270549
WellCare: 3371226

InnovaCare Health - Titusville

At a Glance



PRIMARY CARE



CHRONIC CARE MANAGEMENT



PREVENTATIVE CARE

Accepted Health Plans:

- Aetna
- CarePlus
- Cigna
- Devoted
- Florida Blue
- Freedom
- Humana
- Optimum
- United Healthcare
- WellCare

Accepting other health insurance, including Original Medicare, Commercial Exchange, Medicaid, and more. Accepted insurances may vary by location.



INNOVACARE
HEALTH

Garden Office

BREVARD COUNTY

1027 Garden St.
Titusville, FL 32796

Phone: (321) 383-3332



Ivan Torres, MD
General Practice

Aetna: 6439239	Freedom: P00017000
CarePlus: 1170181	Humana: Pending
Cigna: QMP000004603379	Optimum: P00015135
Devoted: LX2G48-AB	United Healthcare: 1093090094
Florida Blue: EN1NU	WellCare: 3465224

Cheney Office

BREVARD COUNTY

2185 Cheney Hwy.
Titusville, FL 32780

Phone: (321) 269-9800



Ramsis Olazagasti, MD
General Practice

Aetna: 6214780	Freedom: P00018824
CarePlus: 1186363	Humana: Pending
Cigna: QMP000004788156	Optimum: P00017802
Devoted: LX2FYF-AC	United Healthcare: 1801855994
Florida Blue: J5B34	WellCare: 3458204



Kelly Collura, APRN
Nurse Practitioner

Aetna: 6430124	Freedom: Pending
CarePlus: Pending	Humana: Pending
Cigna: Pending	Optimum: Pending
Devoted: Pending	United Healthcare: 1548738248
Florida Blue: Pending	WellCare: 3742614

Ally Healthcare

At a Glance



PRIMARY CARE



CHRONIC CARE MANAGEMENT



PREVENTATIVE CARE

Accepted Health Plans:

- Aetna
- CarePlus
- Cigna
- Devoted
- Florida Blue
- Freedom
- Humana
- Optimum
- United Healthcare

Accepting other health insurance, including Original Medicare, Commercial Exchange, Medicaid, and more. Accepted insurances may vary by location.



INNOVACARE
ALLY HEALTHCARE

Ally Healthcare

HILLSBOROUGH COUNTY

9740 N. 56th St., Suite B
Temple Terrace, FL 33617

Phone: (813) 200-7717



Colleen Campbell, MD
Internal Medicine

Aetna: 7354599
CarePlus: 1205569
Cigna: QMP000005434107
Devoted: LX23SC-AB
Florida Blue: 82103
Freedom: P112858
Humana: 128600
Optimum: P513734
United HealthCare: 1558384917



Esther Browne-King, MD
Internal Medicine

Aetna: 5211636
CarePlus: 1029686
Cigna: QMP000005370981
Devoted: LX23SC-AC
Florida Blue: 46328
Freedom: P03602
Humana: 12600
Optimum: P003602
United HealthCare: 1780792853



Vivian Angulo, MD
Family Medicine

Aetna: 4886318
CarePlus: 1198622
Cigna: QMP000005491965
Devoted: LX23SC-AA
Florida Blue: RB41W
Freedom: P1039306
Humana: 128600
Optimum: P974014
United HealthCare: 1730380197

Anglin Medical

At a Glance



PRIMARY CARE



CHRONIC CARE MANAGEMENT



PREVENTATIVE CARE

Accepted Health Plans:

- Aetna
- CarePlus
- Cigna
- Devoted
- Florida Blue
- Freedom
- Humana
- Optimum
- United Healthcare
- WellCare

Accepting other health insurance, including Original Medicare, Commercial Exchange, Medicaid, and more. Accepted insurances may vary by location.



INNOVACARE
ANGLIN MEDICAL

Anglin Medical

HILLSBOROUGH COUNTY

13045 Summerfield Square Dr.
Riverview, FL 33578

Phone: (813) 672-1385



Mickel Anglin, MD
Family & Sports Medicine

Aetna: 7758900
CarePlus: 1166259
Cigna: 370979
Devoted: LX2FGF-AA
Florida Blue: 95568
Freedom: P111101
Humana: 128600
Optimum: P513183
United Healthcare: 1013980267
WellCare: 3006634



Renette Charles, APRN
Nurse Practitioner

Aetna: 6062909
CarePlus: Pending
Cigna: Pending
Devoted: Pending
Florida Blue: Pending
Freedom: Pending
Humana: Pending
Optimum: Pending
United Healthcare: 1205284155
WellCare: Pending

Waters Medical Clinic

At a Glance



TRANSPORTATION



CHRONIC CARE MANAGEMENT



PRIMARY CARE



PREVENTATIVE CARE

Accepted Health Plans:

- Aetna
- CarePlus
- Cigna
- Devoted
- Florida Blue
- Freedom
- Humana
- Optimum
- United Healthcare
- WellCare

Accepting other health insurance, including Original Medicare, Commercial Exchange, Medicaid, and more. Accepted insurances may vary by location.



INNOVACARE
WATERS MEDICAL CLINIC

Waters Medical Clinic

HILLSBOROUGH COUNTY

8408 N Grady Ave.
Tampa, FL 33614

Phone: (813) 885-9091



Thanhmy Nguyen, MD
Internal Medicine

Aetna: 5273708	Optimum:
CarePlus: 1147209	P942138
Cigna: 1285624759	United
Devoted: LXRK92-AA	Healthcare:
Florida Blue: 01215	1285624759
Freedom: P100148	WellCare:
Humana: 128938	300473



Thuyan Nguyen, APRN
Nurse Practitioner

Aetna: 6445838	Optimum:
CarePlus: 1221272	P00023904
Cigna: Pending	United
Devoted: Pending	Healthcare:
Florida Blue: 21CYG	1164053658
Freedom: P00027565	WellCare:
Humana: 128938	3222844



Jessica Major, PA
Physician Assistant

Aetna: 6430124	Optimum:
CarePlus: 1242755	Pending
Cigna: Pending	United
Devoted: Pending	Healthcare:
Florida Blue: UJ4PA	Pending
Freedom: Pending	WellCare:
Humana: Pending	3759087

Waters Medical Clinic

PINELLAS COUNTY

5051 66th Street North
St. Petersburg, FL 33709

Phone: (813) 885-9091



Thanhmy Nguyen, MD
Internal Medicine

Aetna: 5273708	Optimum:
CarePlus: 1147209	P942138
Cigna: 1285624759	United
Devoted: LXRK92-AA	Healthcare:
Florida Blue: 01215	1285624759
Freedom: P100148	WellCare:
Humana: 128938	300473



Thuyan Nguyen, APRN
Nurse Practitioner

Aetna: 6445838	Optimum:
CarePlus: 1221272	P00023904
Cigna: Pending	United
Devoted: Pending	Healthcare:
Florida Blue: 21CYG	1164053658
Freedom: P00027565	WellCare:
Humana: 128937	Pending



Jessica Major, PA
Physician Assistant

Aetna: 6430124	Optimum:
CarePlus: 1242755	Pending
Cigna: Pending	United
Devoted: Pending	Healthcare:
Florida Blue: UJ4PA	Pending
Freedom: Pending	WellCare:
Humana: Pending	3759087

Desai Medical

At a Glance



PRIMARY CARE



CHRONIC CARE MANAGEMENT



PREVENTATIVE CARE

Accepted Health Plans:

- Aetna
- CarePlus
- Cigna
- Devoted
- Florida Blue
- Freedom
- Humana
- Optimum
- United Healthcare
- WellCare

Accepting other health insurance, including Original Medicare, Commercial Exchange, Medicaid, and more. Accepted insurances may vary by location.



INNOVACARE
DESAI MEDICAL

Desai Medical

PINELLAS COUNTY

908 S. Fort Harrison Ave., Suite 3900
Clearwater, FL 33756

Phone: (727) 442-5138



Anup Desai, MD
Primary Care

Aetna: 4202091

CarePlus: 1207695

Cigna: QMP000004615679

Devoted: LX2AK8-AA

Florida Blue: 12954

Freedom: P05741

Humana: 128572

Optimum: P512642

United Healthcare: 1346348778

WellCare: 3279462

Dr. Bridget Bellingar & Associates

At a Glance



PRIMARY CARE



CHRONIC CARE MANAGEMENT



PREVENTATIVE CARE

Accepted Health Plans:

- Aetna
- CarePlus
- Cigna
- Devoted
- Florida Blue
- Freedom
- Humana
- Optimum
- United Healthcare
- WellCare

Accepting other health insurance, including Original Medicare, Commercial Exchange, Medicaid, and more. Accepted insurances may vary by location.



INNOVACARE
DR. BRIDGET BELLINGAR
& ASSOCIATES

Dr. Bridget Bellingar & Associates

PINELLAS COUNTY

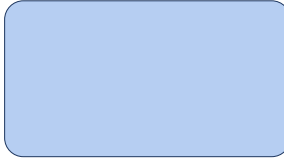
7101 Park St. North
Seminole, FL 33777

Phone: (727) 397-1559



Bridget Bellingar, DO
Family Medicine

Aetna: 4105700
CarePlus: SZ69200
Cigna: QMP000005386165
Devoted: LX2FG4-AA
Florida Blue: 82949
Freedom: P02825
Humana: 128543
Optimum: P00078325
United Healthcare: 000208320003
WellCare: 3273469



Carolyn Indianos, MD
Family Medicine

Aetna: 6243203
CarePlus: 1218591
Cigna: QMP000005611920
Devoted: LX2FG4-AC
Florida Blue: 2EIE9
Freedom: P00056065
Humana: 1992298608
Optimum: P00045677
United Healthcare: Pending
WellCare: 3273478



Sharilyn Chappell, PA
Physician Assistant

Aetna: 9076592
CarePlus: 1150261
Cigna: Pending
Devoted: 1477500684
Florida Blue: Y0ITP
Freedom: P00052768
Humana: 1477500684
Optimum: P200672
United Healthcare: 1982814810
WellCare: 3279455

Urban Health

At a Glance



NUTRITION



CHRONIC CARE MANAGEMENT



PRIMARY CARE



PREVENTATIVE CARE

Accepted Health Plans:

- Aetna
- CarePlus
- Cigna
- Devoted
- Florida Blue
- Freedom
- Humana
- Optimum
- United Healthcare
- WellCare

Accepting other health insurance, including Original Medicare, Commercial Exchange, Medicaid, and more. Accepted insurances may vary by location.



INNOVACARE
URBAN HEALTH

Urban Health

LAKE COUNTY

265 W. Hwy. 50
Clermont, FL 34711

Phone: (352) 394-5535
Fax: (352) 394-5810



Jaime C. Gonzalez, MD
Internal Medicine

Aetna: 5992046
CarePlus: 1011363
Cigna: Pending
Devoted: LX27ZH-AB
Florida Blue: 02718
Freedom: P101913
Humana: 134953
Optimum: P510973
United Healthcare: 1316936461
WellCare: 693444



Jose A. Moreno, MD
Primary Care

Aetna: 6067617
CarePlus: 1154264
Cigna: QMP000004603329
Devoted: LX27ZH-AA
Florida Blue: 3GQ0SA
Freedom: P00003459
Humana: 134953
Optimum: P00003221
United Healthcare: 1164877296
WellCare: 1533467



Wendimere Reill, RDN, LDN
Nutritionist

Aetna: 6529908
CarePlus: Pending
Cigna: Pending
Devoted: 1134643687
Florida Blue: 9CTA3
Freedom: Pending
Humana: Pending
Optimum: Pending
United Healthcare: Pending
WellCare: 1134643687



Malika Ouzahra, APRN
Nurse Practitioner

Aetna: 8008252
CarePlus: 8008252
Cigna: Pending
Devoted: Pending
Florida Blue: X8Q7U
Freedom: Pending
Humana: Pending
Optimum: Pending
United Healthcare: Pending
WellCare: Pending

Premier Family Health

At a Glance



X-RAYS



PREOPERATIVE EVALUATIONS



URGENT CARE



ANNUAL PHYSICALS



CHRONIC CARE MANAGEMENT



PREVENTATIVE CARE



IN-HOUSE LABS



WOMEN'S HEALTH CENTER

Accepted Health Plans:

- Aetna
- CarePlus
- Cigna
- Devoted
- Florida Blue
- Humana
- Prominence

Accepting other health insurance, including Original Medicare, Commercial Exchange, Medicaid, and more. Accepted insurances may vary by location.



By INNOVACARE HEALTH

Premier Family Health

PALM BEACH COUNTY

Wellington Office
1037 State Road 7
Wellington, FL 33414

Phone: (561) 798-3030



Vincent Apicella, DO

Family Medicine/Functional Medicine

Aetna: 764558
CarePlus: 1242858
Cigna: QMP000004778764
Devoted: Pending
Florida Blue: 37994
Humana: 227045
Prominence: Pending



Michael Appelblatt, DO

Family Medicine

Aetna: 5871852
CarePlus: Pending
Cigna: QMP000004778772
Devoted: Pending
Florida Blue: 60LNG
Humana: 227045
Prominence: Pending



Selena Buongiorno, PA

Family Medicine/Wellness

Aetna: 8096238
CarePlus: Pending
Cigna: Pending
Devoted: Pending
Florida Blue: 8096238
Humana: 227045
Prominence: 1770913453



Giselle Torres-Cordero, MD

Family Medicine

Aetna: 6893103
CarePlus: Pending
Cigna: QMP000006017520
Devoted: Pending
Florida Blue: VKTC0
Humana: Pending
Prominence: 1275038697



Alexandra Lewis, PA-C

Family Medicine

Aetna: 8117844
CarePlus: Pending
Cigna: Pending
Devoted: Pending
Florida Blue: P14YJ
Humana: 227045
Prominence: 1194719609



Shaunette Phillips, APRN

Nurse Practitioner

Aetna: 6118951
CarePlus: Pending
Cigna: Pending
Devoted: Pending
Florida Blue: LQ5IN
Humana: 227045
Prominence: 1467090423



Helen Ferreira, APRN
Nurse Practitioner

Aetna: 8056670
CarePlus: Pending
Cigna: Pending
Devoted: Pending
Florida Blue: F5GTY
Humana: Pending
Prominence: 1255714564



Tara Keating, APRN
Nurse Practitioner

Aetna: 4783635
CarePlus: Pending
Cigna: Pending
Devoted: Pending
Florida Blue: YOLV3
Humana: Pending
Prominence: 1568899961



Bianca DeLaura, APRN
Nurse Practitioner

Aetna: 6503463
CarePlus: Pending
Cigna: Pending
Devoted: Pending
Florida Blue: 30COH
Humana: 227045
Prominence: 1194279265

Wellington Office
1037 State Road 7
Wellington, FL 33414

Phone: (561) 798-3030



Sonya Jackson-Simmons, APRN
Nurse Practitioner

Aetna: 7734996
CarePlus: Pending
Cigna: Pending
Devoted: Pending
Florida Blue: Y08H3
Humana: Pending
Prominence: Pending



Julie Thornburg, APRN
Nurse Practitioner

Aetna: Pending
CarePlus: Pending
Cigna: Pending
Devoted: Pending
Florida Blue: MMQEP
Humana: Pending
Prominence: Pending



Premier Family Health

PALM BEACH COUNTY

Wellington Office

1037 State Road 7
Wellington, FL 33414

Phone: (561) 798-3030



Sherlyn Jean Baptiste, APRN
Nurse Practitioner

Aetna: Pending
CarePlus: Pending
Cigna: Pending
Devoted: Pending
Florida Blue: Pending
Humana: Pending
Prominence: Pending



Maria Aviles, APRN
Nurse Practitioner

Aetna: 8344167
CarePlus: Pending
Cigna: Pending
Devoted: Pending
Florida Blue: Pending
Humana: Pending
Prominence: Pending



**PREMIER
URGENT CARE**
By INNOVACARE HEALTH

**1037 State Road 7, Suite 211
Wellington, FL 33414**

Hours of Operation:

Monday-Friday 8:00 a.m. - 8:00 p.m. Saturday-Sunday 9:00 a.m. - 4:00 p.m.

Phone: (561) 798-3030

Premier Family Health

PALM BEACH COUNTY

Loxahatchee Groves Office
15689 Southern Blvd
Loxahatchee Groves, FL 33470

Phone: (561) 798-3030



Tara Stock, MD
General Practice

Aetna: 7307859
CarePlus: 1195985
Cigna: QMP000005085680
Devoted: Pending
Florida Blue: 14AE9
Humana: Pending
Prominence: Pending



Jamie Taylor, APRN
Nurse Practitioner

Aetna: 6202122
CarePlus: Pending
Cigna: Pending
Devoted: Pending
Florida Blue: Y0N1J
Humana: 227045
Prominence: 1598185472



Teresita Brunner, APRN
Nurse Practitioner

Aetna: Pending
CarePlus: Pending
Cigna: Pending
Devoted: Pending
Florida Blue: Pending
Humana: Pending
Prominence: Pending

Family Care Partners

At a Glance



TRANSPORTATION



URGENT CARE



SAME-DAY ACCESS



SOCIAL WORKERS



CHRONIC CARE MANAGEMENT



IN-HOUSE LABS



WELLNESS CENTER



AT-HOME PRIMARY CARE VISITS



CONTACT CENTER

Accepted Health Plans:

- Aetna
- Allignment
- CarePlus
- Devoted
- Florida Blue
- Humana
- United Healthcare
- Wellcare

Accepting other health insurance, including Original Medicare, Commercial Exchange, Medicaid, and more. Accepted insurances may vary by location.



By INNOVACARE HEALTH

Family Care Partners

DUVAL COUNTY

Arlington Office

6484 Fort Caroline Rd.
Jacksonville, FL 32277

Phone: (904) 744-7300



Julie Schindler, DO
Family Medicine

Aetna: 7720172
Alignment: 1013906452
CarePlus: 1065905
Devoted: LX2G53-AH
Florida Blue: OH691
Humana: 105288
United Healthcare: 1013906452
WellCare: 2912301



Micaela Shannon, APRN
Nurse Practitioner

Aetna: 6551686
Alignment: 1023654647
CarePlus: 1216281
Devoted: Pending
Florida Blue: TLZR1
Humana: 105288
United Healthcare: 1023654647
Wellcare: 3121697



Anita Lenh, PA
Physician Assistant

Aetna: 6722317
Alignment: 1568050839
CarePlus: 1223698
Devoted: Pending
Florida Blue: OYVHC
Humana: 105288
United Healthcare: 1568050839
Wellcare: 3045874



Kara Trzasko, PA
Physician Assistant

Aetna: 4790245
Alignment: 1295061109
CarePlus: 1124130
Devoted: Pending
Florida Blue: YOR3H
Humana: 105288
United Healthcare: 1295061109
WellCare: 1168809



Family Care Partners

DUVAL COUNTY

Northside Office
1215 Dunn Ave.
Jacksonville, FL 32218

Phone: (904) 757-1998



Machel Germain, MD
Medical Director
Internal Medicine

Aetna: 6547316
Alignment: 1316479744
CarePlus: Pending
Devoted: LX2G5K-AC
Florida Blue: N9752
Humana: 105410
United Healthcare: 1316479744
WellCare: 2917374



Fernando Parawan, APRN
Nurse Practitioner

Aetna: 9604521
Alignment: 1649377441
CarePlus: 1116575
Devoted: Pending
Florida Blue: YORH3
Humana: 105410
United Healthcare: 1649377441
WellCare: 1163668



Jarius Anderson-Baylor, MD
Family Medicine

Aetna: 6604341
Alignment: 1801274766
CarePlus: 1212488
Devoted: Pending
Florida Blue: W0B59
Humana: 105410
United Healthcare: 1801274766
WellCare: 2916455



Rene Minnaar, FNP
Family Medicine

Aetna: 5386875
Alignment: Pending
CarePlus: Pending
Devoted: Pending
Florida Blue: HEIFC
Humana: 105410
United Healthcare: Pending
Wellcare: 3685788

Family Care Partners

DUVAL COUNTY

Intracoastal Office

14444 Beach Blvd., Suite #28
Jacksonville, FL 32250

Phone: (904) 367-2277



Howard Green, DO
Family Medicine

Aetna: 4204235
Alignment: 1245325380
CarePlus: 1121752
Devoted: LX2G68-AC
Florida Blue: 80400
Humana: 151462
United Healthcare: 1245325380
WellCare: 1169909



Jonathan Gonzalez, MD
Family Medicine

Aetna: 6107121
Alignment: Pending
CarePlus: 1166513
Devoted: LX33K3-AB
Florida Blue: WDWD9E
Humana: 151462
United Healthcare: 1386023463
Wellcare: 3444629



Erica Shanks, APRN
Nurse Practitioner

Aetna: 6392715
Alignment: 1952875254
CarePlus: 1207006
Devoted: Pending
Florida Blue: D9BMD
Humana: 151462
United Healthcare: 1952875254
WellCare: 2782913



Rebekah Watson, NP
Nurse Practitioner

Aetna: 6144473
Alignment: 1417535188
CarePlus: 1231350
Devoted: 3444646
Florida Blue: SKP6S
Humana: 151462
United Healthcare: Pending
WellCare: Pending



Charles Warren, DO
Chief Medical Officer
Family Medicine

Aetna: 7564715
Alignment: 115439112
CarePlus: 1100138
Cigna: Pending
Devoted: LX2G5S-AA
Florida Blue: 52244
Humana: 105663
United Healthcare: 1154389112
WellCare: 342921



Ali Afshar, MD
Family Medicine

Aetna: 7384953
Alignment: 1083901177
CarePlus: 1165011
Cigna: QMP000006020679
Devoted: LX2G55-AB
Florida Blue: SO1QX
Humana: 105663
United Healthcare: 1083901177
WellCare: 1368381



Mohammed Mendhi, MD
Family Medicine

Aetna: 4047690
Alignment: 1487621736
CarePlus: 1205375
Devoted: LX2G5S-AE
Florida Blue: 14129
Humana: 105663
United Healthcare: 1487621736
WellCare: 2770928



Lauren Walter, APRN
Nurse Practitioner

Aetna: 9415907
Alignment: 1457615684
CarePlus: Pending
Devoted: Pending
Florida Blue: DPWZC
Humana: 105663
United Healthcare: Pending
WellCare: Pending

Family Care Partners

CLAY COUNTY

Fleming Island Office

4565 US Hwy. 17, Suite 106
Fleming Island, FL 32003

Phone: (904) 269-4559



William Sessions, MD
Family Medicine

Aetna: 4051642
Alignment: 1669471033
CarePlus: 1107069
Devoted: LX2G5S-AD
Florida Blue: 10957
Humana: 105663
United Healthcare: 1669471033
WellCare: 958624



Vanessa Seiglie-Quinones, MD
Family Medicine

Aetna: Pending
Alignment: Pending
CarePlus: Pending
Devoted: Pending
Florida Blue: 2RBRL
Humana: Pending
United Healthcare: Pending
WellCare: Pending



Suzanne Chestnut, APRN
Nurse Practitioner

Aetna: 8329100
Alignment: Pending
CarePlus: Pending
Devoted: Pending
Florida Blue: JHWMA
Humana: 105663
United Healthcare: Pending
Wellcare: 3775284

Bradenton East Integrative Medicine

At a Glance



IMMUNIZATIONS



MEDICARE WELLNESS VISITS



WEIGHT LOSS



WELL WOMAN EXAM



CHRONIC CARE MANAGEMENT



EXPERTS



MEDICAL SUPERVISED



NUTRITIONAL SUPPLEMENT



WHOLE-BODY APPROACH



NUTRITIONAL COUNSELING

Accepted Health Plans:

- Aetna
- Cigna
- Florida Blue
- Freedom
- Humana
- Optimum
- United Healthcare

Accepting other health insurance, including Original Medicare, Commercial Exchange, Medicaid, and more. Accepted insurances may vary by location.



INNOVACARE
BRADENTON EAST
INTEGRATIVE MEDICINE

Bradenton East Integrative Medicine

MANATEE COUNTY

8614 East State Road 70, Suite 200
Bradenton, FL 34202

Phone: (941) 727-1243
Fax: (941) 751-9039



Karen Brainard, MD
Family Medicine

Aetna: Pending
Cigna: QMP000005075555
Florida Blue: 91107
Freedom: P102127
Humana: 128881
Optimum: P202884
United Healthcare: 1912938549



Samantha Notman, DO
Family Medicine

Aetna: 5112903
Cigna: QMP000004752622
Florida Blue: 3ZPXZ
Freedom: P1043010
Humana: 128881
Optimum: P977154
United Healthcare: Pending



Bridgett Edwards, APRN
Nurse Practitioner

Aetna: 4017248
Cigna: Pending
Florida Blue: OR307
Freedom: P00039578
Humana: 128881
Optimum: P00033419
United Healthcare: 1487104501



Deborah Howard-Patton, APRN
Nurse Practitioner

Aetna: 7782882
Cigna: Pending
Florida Blue: Y022Lv
Freedom: P306336
Humana: 128881
Optimum: P00040459
United Healthcare: 1497783948



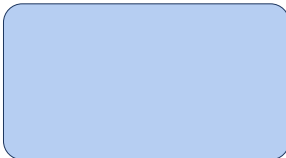
Camille Kasten, APRN
Nurse Practitioner

Aetna: 7668930
Cigna: Pending
Florida Blue: Pending
Freedom: P00045343
Humana: 128881
Optimum: P00010676
United Healthcare: 1851760359



Gilberto Alvarez, MD
General Practice

Aetna: 6485176
Cigna: QMP000005942784
Florida Blue: 5CHYY
Freedom: Pending
Humana: Pending
Optimum: Pending
United Healthcare: 1598303984



Robert Lemons, MD
General Practice

Aetna: Pending
Cigna: Pending
Florida Blue: Pending
Freedom: Pending
Humana: Pending
Optimum: Pending
United Healthcare: Pending



INNOVACARE
HEALTH

**Scan to register your clients
and meet the sales team.**

